

# MCFERRIN & ZAYED, PLLC

LAW FIRM

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BUSINESS LAW



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## **Health Resources for Individuals and Families**

### **Hays-Caldwell Women's Center**

**Contact:** 1-512-396-3404

Or

1-800-700-4292 (24-hour help line)

**Website:** [www.hcwc.org](http://www.hcwc.org)

**Services:**

Emergency Shelter

Children's Advocacy Center

Counseling and Resource Center for

victims of family violence, sexual assault, and child abuse

### **Austin Men's Center**

**Contact:** 512-477-9595

**Website:** [www.austinmenscenter.com](http://www.austinmenscenter.com)

**Services:**

Addiction Counseling

Psychotherapy

Anger Management

Healthy Choices Classes

### **YWCA Counseling Program-Women only**

**Contact:** 512-326-1222

**Website:** [www.YWCAaustin.org](http://www.YWCAaustin.org)

**Located:**

2015 S. I35, Suite 110

Austin, TX 787

**Services:**

Short-term mental health counseling for women,  
couples, and families

Groups and Workshops

Information and Referral and Services

Sliding Scale Fee Structure

## **Texas Christian Recovery and Other Support Services, Inc.**

(Texas CROSS)

**Contact:** 512-554-8874

**Website:** [www.txcross.com](http://www.txcross.com)

**Located:**

Promise Land Church

1504 East 51st Street

Austin, Texas 78723

**Services:**

English and Spanish

Family/Intimate Partner Violence Program

Assault Prevention

Cognitive Behavioral Training

Anger Management

Parenting Education

Life Skills

Groups and Workshops

Information and Referral Services

Sliding Scale Fee Structure (case-by-case basis)

### **Austin Stress Clinic**

**Contact:** 512-326-1717

**Website:** [www.austinstress.org](http://www.austinstress.org)

**Located:**

1030 S. Lamar, Suite H

Austin, TX 78704

**Services:**

Anger Management

Domestic Violence Prevention

Assault Prevention

Petty Theft Prevention

### **Townlake ProBono Counseling Program**

**Contact:**

Elizabeth at [elizobrien@gmail.com](mailto:elizobrien@gmail.com) or 512-680-7379

Marvi at [marvihaynes@gmail.com](mailto:marvihaynes@gmail.com) or 512-567-2876

**Website:** [www.austinyymca.org](http://www.austinyymca.org)

**Location:**

Townlake YMCA

1100 W Cesar Chavez St

Austin, TX 78703

**Emotions Anonymous**

**Contact:** Elizabeth 512-457-1448

**Email:** [cbj1990@sbcglobal.net](mailto:cbj1990@sbcglobal.net)

**Location:**

Austin - Near North

Shoal Creek Hospital

3501 Mills Ave. - Cafeteria Annex.

MON 7:30 PM (except Holidays)

\*Ask about sliding scale fees or free programs if you are unable to afford costs. Some programs will treat you regardless of your ability to pay.